

Risk Assessment Example (Generic Paddlesport)

*This is an example to show some of the hazards and controls that could be identified for Generic Paddlesport

Date:	Example
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Assessor's Name:	Example	Review Date:	Example
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Description of Assessment:	Example
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Location Details:	Example
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What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Drowning	Paddlers Other	Wearing of buoyancy aid Instruction on capsize procedures Relevant supervision for novices Advised to keep away from the river bank	Buoyancy aids tested annually Induction sessions for beginners and new members Supervisors to ensure buoyancy aid correctly fitted Regular checks on equipment during the season			
Hypothermia	Paddlers	Advised on the correct clothing to wear Adjustment to clothing as required	Continuous dynamic risk assessment			
Slips, Trips and Falls	Paddlers, Parents Coaches and Others	Regular maintenance of landing stages, river bank, steps and club house floors	Appropriate cleaning/maintenance equipment available			

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Sprains, Strains and soft tissue injuries	Paddlers, Parents Coaches and Others	Trained to lift correctly Ask for help Encouraged to paddle correctly	Ongoing training and regular checks of procedures Appropriate checks on storage facilities			
Pollution and water quality	Paddlers	Advised to bathe soon after immersion Made aware of flotsam	Risks higher in spate conditions Avoid intentional capsizes in poor conditions			
Other river users	Paddlers and other users	Paddlers instructed to be aware of other river users and how to take appropriate/avoiding action	Informed as to possible other river users and location			
Weirs and man-made features	Paddlers Coaches	Helmets to be worn when paddling in associated rough water	Appropriate skill and awareness training			
Over hanging tree or strainers	Paddlers Coaches	Paddlers advised to negotiate around trees, both overhanging and floating Advised as to correct action in event of entanglement Appropriate tree management on site	Regular checks as part of on-site maintenance Appropriate training for off-site visits			
Injury from traffic	Competitors/ Officials/Public	Low Volume of traffic Competition area has no public access				

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		Limited number of official vehicles Speed limits in operation				
Injury from manual handling	Competitors/ Officials	There is minimal heavy lifting or difficult equipment for officials to move				
Property and Facilities						
Weather and environmental conditions						

EXAMPLE