

GREENLAND

RICH IN KAYAKING HISTORY

~ by ~

Helen Wilson & Mark Tozer

Another great FREE presentation hosted by **Liverpool Canoe Club** at the **Liverpool Marina Conference Suite** Monday 13th May 2013 ~ 7:45 for 8pm start



This presentation, by internationally respected Greenland Rolling expert, Helen Wilson and her husband Mark Tozer, a BCU Level 5 Coach, looks at ancient sea kayaking techniques practiced by the Greenland Inuits.

Helen and Mark will show you how, in the 21st century, modern paddling skills owe much to the Greenlandic cultural heritage of yesterday.

The couple run "Greenland Or Bust" a USA company specialising in keeping alive Greenland paddling skills. They travel the globe demonstrating and training paddlers who want to add these elegant skills to their repertoire.

Helen has competed twice in the Greenland National Kayaking Championships and has won 5 medals in various events.

In 2012 they returned to Greenland to host a commercial expedition on the stunning east coast.

After the presentation, Helen will be selling copies of her DVD "Simplifying the Roll"



*See you in Liverpool
Mark & Helen*



Book your FREE seat now - <http://www.liverpoolcanoeclub.co.uk/talks/>